

The British Columbia LGBT End-of-Life Resource Inventory

**Prepared as part of the 2013 TVN Catalyst
Research Grant Program “Fostering End-of-Life
Conversations, Community and Care among
LGBT Older Adults”**



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About the Inventory

Internet searches were conducted between October and December 2014 combining terms to describe the population (LGBT, lesbian, gay, bisexual, transgender/ older, senior) with terms to describe the areas of interest (end-of-life planning, advanced care planning, financial planning, independent living, seniors housing, retirement community, home care, assisted-living, residential care, health care, palliative care, and hospice). Our goal was to compile a list of LGBT friendly (organization-level) end-of-life resources for older adults. The acronym for the communities addressed varies, with frequent inclusion of "Q" for queer/questioning, "I" for intersex, "A" for allies/asexual, "T" for two-spirit, and occasionally others. We have elected to use the acronym most commonly used in both research and conversation (LGBT); our decision was influenced by experience and research reporting that most older adults do not identify as "queer" with some finding it an offensive term (rooted in its historical pejorative usage). This rationale for our use of the acronym LGBT applies to the text we have created for this document. We did not however alter the manner in which organizations described their clientele. Thus, acronyms other than LGBT may appear "within" the various listings in this inventory. Similarly, we did not alter any language used by individual organizations. For example, if services were described on a website as directed toward the trans community we did not substitute terminology such as transgender.

LGBT "friendliness" was evaluated and defined using three tiers:

- 1) An "LGBT Organization" is an organization that is developed by and/or for LGBT persons.
- 2) An "LGBT Friendly (formal)" organization is an organization that openly advertises LGBT friendliness on their website by way of content such as in mission statements, codes of conduct, or other LGBT inclusive statements. We felt to be included in this category such statements had to be LGBT specific and general statements such as "we recognize diversity" did not qualify.

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3) An “LGBT Friendly (informal)” organization is one that advertises as LGBT friendly in an LGBT directory or is referred to as LGBT friendly by an LGBT directory or a service provider with links to the LGBT community. Such organizations however did not openly advertise LGBT friendliness on their websites.

* A full account of our method is outlined in the appendix.

In addition to gathering information for inclusion in the inventory, we were able to gain insight into the *process* and *experience* of searching for and compiling such information. The result is a 54-item end-of-life planning resource inventory for LGBT residents of British Columbia. This guide also includes links to national and international resources, and a glossary of terms. In terms of insight regarding the process and experience, it is key to note that the information was gathered in much the same way it might have been gathered by a lay LGBT person seeking such information. The key finding using this approach was that very little intersection was found among the search parameters. In short, websites that have been designed by and for the LGBT community possess some general resources for older adults; however, they possess little information in regard to end-of-life planning. Similarly, websites with information pertinent to end-of-life possessed little or no reference to the LGBT community. We consider this finding to be somewhat alarming in light of a growing body of research that highlight the importance of making services and programs relevant to LGBT clients. In our effort to provide users with the best possible resource, a second table follows our LGBT end-of-life inventory with a selection of general listings (end-of-life relevant with no reference to LGBT).

This inventory was prepared by Robert Beringer M.A., in consultation with senior investigators:

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Disclaimer

The information contained in this resource inventory is for general information purposes only and is intended to support, not replace, professional resources and consultation. Inclusion of any resource in this inventory/guide does not constitute an endorsement by the author, principal investigators, Simon Fraser University or TVN (Technology Evaluation in the Elderly Network). We make no representations or warranties of any kind, expressed or implied, about the completeness, accuracy, reliability, suitability or availability with respect to the information, products, services referred to in this guide for any purpose. Any reliance placed on such information is therefore strictly at your own risk. In no event will we be liable for any loss or damage including without limitation, indirect or consequential loss or damage, or any loss or damage whatsoever arising from the use of this guide.

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<i>Name of Agency</i>	<i>Contact Information</i>	<i>Street Address</i>	<i>Hours of operation</i>	<i>Services offered</i>	<i>LGBT Inclusivity</i>
HEALTH AND WELLNESS					
Community-Based Research Centre for Gay Men's Health	<p>Website: http://cbrc.net/</p> <p>Phone: 604-568-7478</p> <p>Email: info@cbrc.net</p> <p>Non-profit organization.</p>	#234-970 Burrard St. Vancouver, BC V6Z 2R4		The organization holds a Gay Men's Health Summit each year. It is likely that some content relevant to end-of-life will be presented.	LGBT Organization
Health Initiative for Men (HIM)	<p>Website: http://checkhimout.ca/</p> <p>Email: office@checkhimout.ca</p> <p>Phone: 604-488-1001</p> <p>Non-profit organization. Funded through partnerships with Vancouver Coastal Health, Fraser Health (New West/ Surrey locations) and the BC Centre for Disease Control.</p>	#310-1033 Davie St. Vancouver, BC V6E 1M7	Hours vary by location.	<p>Physical health, sexual health, mental health and social health. HIM operates four health centres:</p> <p>#421-1033 Davie St. Vancouver, BC 604-488-1001 ext. 223.</p> <p>#101-1416 Commercial Dr. Vancouver, BC 778-708-3568</p> <p>40 Begbie St. New Westminster, BC 604-230-9915</p> <p>#220-10362 King George Hwy. Surrey, BC 778-872-3014</p>	LGBT Organization

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<p>AIDS Vancouver Island</p>	<p>Website: http://avi.org/ Email: info@avi.org Phone: 250-384-2366 Toll free: 1-800-665-2437 Other phone numbers: Nanaimo: 250-753-2437 Courtney/Comox: 250-338-7400 Campbell River: 250-830-0787 Port Hardy: 250-902-2238 Key contact: Katrina Jensen, Executive Director. 250-384-2366 ext 2265. Non-profit organization.</p>	<p>3rd Floor - Access Health Centre 713 Johnson St. Victoria, BC V8W 1M8</p>	<p>Mon–Fri. 9am-5pm.</p>	<p>Support for those living with HIV and/or hepatitis C. Drop-in medical clinic (hours vary). Infoline. Education. Harm reduction. Support. Wellness programs.</p>	<p>LGBT Friendly (Formal)</p>
<p>BC Centre for Excellence HIV/AIDS</p>	<p>Website: http://www.cfenet.ubc.ca/ Phone: 604-806-8477 Email: info@cfenet.ubc.ca Non-profit organization/ Hospital-based.</p>	<p>#608–1081 Burrard St. Vancouver, BC V6Z 1Y6</p>	<p>Call for programs.</p>	<p>This website is a comprehensive resource concerned with HIV/AIDS.</p>	<p>LGBT Friendly (Formal)</p>

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Catherine White Holman Wellness Centre	<p>Website: http://www.cwhwc.com</p> <p>Email: contactus@cwhwc.com</p> <p>Phone: 604-442-4352</p> <p>Non-profit organization.</p>	<p>1145 Commercial Dr. Vancouver, BC V6E 0C2 (In the REACH Clinic).</p>	<p>Call for details.</p>	<p>General health/ Transgender focused.</p> <p>Counseling.</p> <p>Legal.</p> <p>See website for full roster of services.</p>	<p>LGBT Friendly (Formal)</p>
Vancouver Coastal Health - PRISM	<p>Website: www.vch.ca/prism</p> <p>Email: prism@vch.ca</p> <p>Phone: 604-658-1214</p> <p>Non-profit organization/ Hospital-based.</p>	<p>Multiple locations. See website for details.</p>	<p>Hours may vary by location. See website for details.</p>	<p>PRISM is Vancouver Coastal Health's clinical, education, information and referral service for the lesbian, gay, bisexual, trans, queer and Two Spirit (LGBTQ2S) communities.</p>	<p>LGBT Friendly (Formal)</p>
Mainland Medical Clinic	<p>Website: http://www.mainlandclinic.com/</p> <p>Email: contacts@mainlandclinic.com</p> <p>Phone: 604-683-3973</p> <p>Non-profit organization.</p>	<p>1061 Hamilton St. Vancouver, BC V6B 5T4</p>	<p>Mon-Thurs: 9am-6pm. Fri: 9am-5pm Sat: 10am-4pm</p>	<p>Family doctors.</p> <p>Chiropractors.</p> <p>Nutritionists.</p> <p>Massage Therapists.</p> <p>Psychologists.</p>	<p>LGBT Friendly (Informal)</p>

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<p>Spectrum Health Vancouver</p>	<p>Website: https://sites.google.com/site/spectrumhealthvancouver/</p> <p>Email: not listed</p> <p>Phone: 604-681-1080</p> <p>After hours emergency phone: 778-838-6500</p> <p>Non-profit organization.</p>	<p>#702-1080 Howe St. Vancouver, BC V6Z 2T1</p>	<p>Mon-Thurs: 9am-7pm Fri: 9am-5pm</p>	<p>Family doctors.</p>	<p>LGBT Friendly (Informal)</p>
LEGAL SERVICES					
<p>GayLawNet</p>	<p>Website: www.gaylawnet.com</p> <p>For BC LGBT friendly lawyers see: http://www.gaylawnet.com/attorneys/ca_bc.html</p> <p>For-profit organization.</p>	<p>This is a web directory.</p>	<p>Online resource.</p>	<p>The website is dedicated to providing up to date information regarding LGBT law worldwide and a directory of LGBT friendly lawyers.</p> <p>The BC page is well populated with lawyers practicing in a spectrum of legal fields.</p>	<p>LGBT Organization</p>
PSYCHOLOGICAL SERVICES/ SOCIAL SUPPORT					
<p>Boldfest</p>	<p>Website: http://www.boldfest.com</p>	<p>Location varies.</p>	<p>One event per year.</p>	<p>A Lesbian conference held once per year.</p> <p>It may include programming relevant to end-of-life.</p>	<p>LGBT Organization</p>

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<p>Gay and Grey</p>	<p>Website: http://gayandgrey.ca</p> <p>Email: ahbbl@shaw.ca</p> <p>Phone: 604-736-3990</p> <p>Key contact: Alan Herbert: 604-736-3990</p> <p>Non-profit organization.</p>	<p>Meetings held at: Roundhouse Community Centre #181 Roundhouse Mews, Vancouver, BC.</p>	<p>Wed: 7:15pm</p>	<p>Discussion group.</p> <p>Guest speakers may be relevant to end-of-life.</p>	<p>LGBT Organization</p>
<p>Kootenay Transgender</p>	<p>Website: http://kootenaytransgender.com</p> <p>Email: email via website form.</p> <p>Phone: 250-354-5362</p> <p>Non-profit organization.</p>	<p>Nelson BC. Full address not provided.</p>	<p>Call or email.</p>	<p>Support group.</p> <p>Outreach.</p> <p>Referral.</p>	<p>LGBT Organization</p>
<p>Qmunity: BC's Queer Resource Centre</p>	<p>Website: www.qmunity.ca/</p> <p>Email: reception@qmunity.ca</p> <p>Phone: 604-684-5307 ext 100</p> <p>Key contacts: Executive Director Dara Parker: 604-684-5307 Generations Coordinator Allison Jones: 604-684-8449</p> <p>Non-profit organization.</p>	<p>1170 Bute St. Vancouver, BC V6E 1Z6</p>	<p>Mon-Fri: 10am-6pm</p>	<p>Support/discussion groups.</p> <p>Social activities.</p> <p>Recreational activities.</p> <p>Educational workshops.</p> <p>Organizational development.</p>	<p>LGBT Organization</p>

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<p>Senior Gay Men in Kelowna</p>	<p>Website: http://dhope3.wix.com/seniorgaymenkelowna</p> <p>To contact by email visit: http://dhope3.wix.com/seniorgaymenkelowna</p> <p>Non-profit organization.</p>	<p>Meetings held at: 1264 Ellis St. Kelowna, BC.</p>	<p>Meetings @ 7pm 1st and 3rd Monday of each month.</p>	<p>Guest speakers may be relevant to end-of-life.</p> <p>Social activities.</p>	<p>LGBT Organization</p>
<p>Victoria Lesbian Seniors Care Society</p>	<p>Website: http://viscs.ca/</p> <p>To contact by email visit: http://vlscs.ca/contact-us/</p> <p>Key contact: chair@vlscs.ca</p> <p>Non-profit organization.</p>	<p>PO Box 39022 James Bay, Victoria, BC V8V 4X8.</p>	<p>Varies.</p>	<p>Education.</p> <p>Outreach.</p> <p>Social activities.</p>	<p>LGBT Organization</p>
<p>Alzheimer's Society of BC: Rainbow Caregiver Support Group</p>	<p>Website: http://checkhimout.ca/rainbow-caregiver-support-group/</p> <p>Email: kturner@alzheimerbc.org</p> <p>Key contact: Kara Turner: 604-675-5153</p> <p>Non-profit organization.</p>	<p>Contact group.</p>	<p>Meetings 4th Thursday of each month, call to register.</p>	<p>Education.</p> <p>Emotional support.</p> <p>Shared experiences and strategies.</p>	<p>LGBT Friendly (Formal)</p>

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<p>ANKORS (AIDS Network Kootenay Outreach and Support Society)</p>	<p>Website: http://ankors.bc.ca/ Email: 1) Nelson: information@ankors.bc.ca 2) Cranbrook: gary@ankors.bc.ca Phone: 1) Nelson: 250-505-5506 2) Cranbrook: 250-426-3383 Non-profit organization.</p>	<p>1) 101 Baker St. Nelson, BC V1L 4H1 2) #46-17th Ave. S. Cranbrook, BC V1C 5A8</p>	<p>See website for hours at each location.</p>	<p>Service referral. Advocacy and support.</p>	<p>LGBT Friendly (Formal)</p>
<p>BC Association of Clinical Counsellors</p>	<p>Website: http://bc-counsellors.org/ Email: hoffice@bc-counsellors.org Phone: 1-800-909-6303 (Local to Victoria): 250-595-4448</p>	<p>#14-2544 Dunlevy St. Victoria, BC V8R 5Z2</p>	<p>Mon-Fri: 9am- 4:30pm</p>	<p>To find a counselor select “Gender/ Sexuality/LGBTQ Issues” from the areas of practice menu.</p>	<p>LGBT Friendly (Formal)</p>
<p>Counselling BC</p>	<p>Website: http://counsellingbc.com/ Email: info@counsellingbc.com</p>	<p>Web resource.</p>	<p>Online.</p>	<p>To find a GLBTQ issues counsellor on this site visit the following page: http://counsellingbc.com/counsellors/practice/glbtq-issues-129</p>	<p>LGBT Friendly (Formal)</p>

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<p>Jericho Counselling</p>	<p>Website: http://www.jerichocounselling.com</p> <p>Email: via website form.</p> <p>Phone: 604-434-5727</p>	<p>Multiple locations, call for details.</p>	<p>Call for appointments.</p>	<p>Supporting clients and their families in dealing with issues related to sexual orientation and gender identity.</p>	<p>LGBT Friendly (Formal)</p>
<p>Positive Living North</p>	<p>Website: http://positivelivingnorth.org</p> <p>Email: contact via online request form</p> <p>Phone: 1) Prince George: 250-562-1172 2) Smithers: 250-877-0042 3) Dawson Creek: 250-782-5202</p> <p>Non-profit organization.</p>	<p>1) #1-1563 Second Ave. Prince George, BC V2L 3B8</p> <p>2) 3862 Broadway Ave. Box 4368 Smithers, BC V0J 2N0</p> <p>3) #1320-102 Ave. Dawson Creek, BC V1G 2C6</p>	<p>See website for hours at each location.</p>	<p>Social Support.</p> <p>Case management.</p> <p>One-on-one and group support.</p> <p>Health information.</p> <p>Grief and loss support.</p>	<p>LGBT Friendly (Formal)</p>

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<p>Positive Living Society of British Columbia</p>	<p>Website: www.positivelivingbc.org/</p> <p>To contact by email visit: http://www.positivelivingbc.org/about/contact</p> <p>Phone: 604-893-2200</p> <p>Key contact: John Bishop: 604-646-5348</p> <p>Non-profit organization.</p>	<p>1107 Seymour Street, 2nd Floor. Vancouver, BC V6B 5S8</p>	<p>Mon-Fri: 10am-4pm</p>	<p>Dedicated to empowering those living with HIV/AIDS.</p> <p>End-of-life planning.</p> <p>Social activities.</p> <p>HIV Care registry and HIV resources.</p> <p>Housing Kiosk.</p> <p>Health and other clinics.</p>	<p>LGBT Friendly (Formal)</p>
<p>Positive Women's Network</p>	<p>Website: http://pwn.bc.ca</p> <p>Email: pwn@pwn.bc.ca</p> <p>Phone: 604-692-3000 Toll Free (BC only): 1-866-692-3001</p> <p>Non-profit organization.</p>	<p>#614-1033 Davie St. Vancouver, BC V6E 1M7</p>	<p>Call for information.</p>	<p>For women living with HIV.</p> <p>Support group.</p> <p>Education.</p>	<p>LGBT Friendly (Formal)</p>

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<p>Vancouver Island Persons Living with AIDS Society</p>	<p>Website: http://www.vpwas.org/</p> <p>Email: support@vpwas.org</p> <p>Phone: 250-382-7927 Toll Free: 1-877-382-7927</p> <p>Key contact: Craig Dales, Executive Director. Email: craig.dales@vpwas.org</p> <p>Non-profit organization.</p>	<p>#101-1139 Yates St. Victoria, BC V8V 3N2</p>	<p>Mon-Fri: 9am-5pm</p>	<p>Community referrals. Peer Support. Advocacy. Education. Social activities.</p>	<p>LGBT Friendly (Formal)</p>
<p align="center">RELIGIOUS / FAITH-BASED ORGANIZATIONS</p>					
<p>Dancing to Eagle Spirit Society</p>	<p>Website: http://www.dancingtoeaglespiritsociety.org/</p> <p>Email: info@dancingtoeaglespiritsociety.org</p> <p>Phone: 604-291-2202</p> <p>Non-profit organization.</p>	<p>#309-2326 Eton St. Vancouver, BC V5R 1E1</p>	<p>See website for events.</p>	<p>Dedicated to the healing and empowerment of aboriginal and non-aboriginal two-spirit individuals their friends and their allies.</p>	<p>LGBT Organization</p>
<p>Shvesters Jewish Lesbian Social Group</p>	<p>Yahoo group address: https://groups.yahoo.com/neo/groups/Shvesters/info</p> <p>To subscribe – email: shvesters-subscribe@yahoogroups.com</p> <p>Non-profit organization.</p>	<p>Email group for information.</p>	<p>Contact for information.</p>	<p>Shvesters is a social group and email-list based in Vancouver. It is open to Jewish (both secular and semi-observant) lesbians and bisexual women living in BC.</p>	<p>LGBT Organization</p>

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<p>Queer Women of faith and friends</p>	<p>Website: http://www.meetup.com/Queer-Women-of-Faith/ Email: login required to contact by email (see website) Non-profit organization.</p>	<p>Contact group.</p>	<p>See website for events.</p>	<p>A social Christian faith based group for women.</p>	<p>LGBT Organization</p>
<p>Christ Alive Community Church</p>	<p>Website: www.christalive.ca/ Email: info@christalive.ca Phone: 604-739-7959 Key contact: Rev. Michel Amyotte — Pastor Non-profit organization.</p>	<p>1155 Thurlow St. Vancouver, BC V6E 1X2</p>	<p>Worship Service: Sun @ 7:15pm</p>	<p>Worship service. Discussion groups. Progressive Christian community LGBTQ friendly.</p>	<p>LGBT Friendly (Formal)</p>
<p>First United Church</p>	<p>Website: http://firstunitedsalmonarm.ca Email: firstunitedsalmonarm@shaw.ca Phone: 250-832-3860 Non-profit organization.</p>	<p>450 Okanagan Ave. SE. PO Box 940 Salmon Arm, BC V1E 4P1</p>	<p>Mon-Thurs: 8:30am-1:30pm. Sunday Worship: 10:30am</p>	<p>See website for details regarding worship and programs.</p>	<p>LGBT Friendly (Formal)</p>

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<p>Integrity Canada (Anglican)</p>	<p>Website: http://integritycanada.org/</p> <p>For BC Churches visit: http://www.proudanglicans.ca/?Inclusive_Anglican_churches_in_Canada___British_Columbia</p> <p>Non-profit organization.</p>	<p>See website for BC locations.</p>	<p>Varies by location.</p>	<p>Integrity Canada is a national network of local Integrity chapters, members, and friends working toward the full inclusion of gay and lesbian people in the life and ministry of the Anglican Church of Canada.</p>	<p>LGBT Friendly (Formal)</p>
<p>St. Andrew's-Wesley United Church</p>	<p>Website: http://standrewswesley.com</p> <p>Non-profit organization.</p>	<p>1022 Nelson St. Vancouver, BC V6E 4S7</p>	<p>Mon-Fri: 9am-4:30pm</p>	<p>See website for details regarding worship and programs including LGBT outreach and support.</p>	<p>LGBT Friendly (Formal)</p>
<p>Salaam Queer Muslim Community</p>	<p>Website: http://salaamcanada.org/</p> <p>Email: salaamtoronto@salaamcanada.com.</p> <p>Non-profit organization.</p>	<p>Email group for information on Vancouver Chapter.</p>	<p>Contact for information.</p>	<p>Salaam is an organization dedicated to Muslims who are lesbian, gay, bisexual, and transsexual/transgender and/or intersex.</p>	<p>LGBT Friendly (Formal)</p>
<p>Buddhist Meditation Society of Northern BC</p>	<p>Website: http://www.bmsnbc.com/</p> <p>Email: Vipassana: john@degrace.ca Zen: Robertson@cnc.bc.ca</p> <p>Phone: Vipassana: 250-964-2685 Zen: 250-563-7440</p>	<p>Meetings held at: 511 S. Tabor Blvd. Prince George BC.</p>	<p>Call for details.</p>	<p>Vipassana and Zen meditation.</p>	<p>LGBT Friendly (Informal)</p>

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Shambhala Meditation Centre	<p>Website: http://vancouver.shambhala.org/</p> <p>Email: vancouver@shambhala.org</p> <p>Phone: 604-874-8420</p>	<p>Main Location: 3275 Heather St. Vancouver, BC V5Z 3K4</p>	<p>Times vary by location call for details.</p>	<p>Meditation.</p> <p>Workshops.</p>	<p>LGBT Friendly (Informal)</p>
CAREGIVING / HOME SUPPORT SERVICES					
AIDS Vancouver	<p>Website: www.aidsvancouver.org</p> <p>Email: contact@aidsvancouver.org</p> <p>Phone: 604-893-2201</p> <p>Other phone numbers: Case Management Access Office: 604-696-4676 OR 604-696-4670</p> <p>Helpline: 604-696-4666</p> <p>Community Resource Centre: 604-696-4691</p> <p>Non-profit organization.</p>	<p>1107 Seymour St. Vancouver, BC V6B 5S8</p>	<p>Hours vary by service offered.</p>	<p>Services for those living with HIV/AIDS.</p> <p>Grocery program.</p> <p>Support programs.</p> <p>Case management.</p> <p>Workshops.</p> <p>Online helpline.</p> <p>Financial assistance fund.</p>	<p>LGBT Friendly (Formal)</p>
Carecorp Seniors Services	<p>Website: http://www.carecorp.ca/</p> <p>Email: info@carecorp.ca</p> <p>Phone: 1-888-306-1118</p> <p>For-profit organization.</p>	<p>#401-1525 Robson St. Vancouver, BC V6G 2C3</p>	<p>Call for services.</p>	<p>Services offered in many BC locations.</p> <p>Nursing (basic home support to complex care).</p> <p>Food services/Housekeeping.</p>	<p>LGBT Friendly (Formal)</p>

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<p>411 Seniors Center Society</p>	<p>Website: www.411seniors.bc.ca Email: contact411@411seniors.bc.ca Phone: 604 -84-8171 Key contact: Executive Director: Sandra Gebhardt: 604-684-8171 ext 242. Non-profit organization.</p>	<p>#704-333 Terminal Ave. Vancouver, BC V6A 4C1</p>	<p>Mon-Fri: 9am-4pm</p>	<p>Referral & outreach services. CPP/OAS/GIS/Disability pension info. Income tax preparation/Legal referral. Health services. LGBT Issues. Drop-in and scheduled social and recreational activities.</p>	<p>LGBT Friendly (Formal)</p>
<p>HEART of Richmond AIDS Society</p>	<p>Website: http://www.heartofrichmond.com Email: admin@heartofrichmond.com Phone: 604-277-5137 Non-profit organization.</p>	<p>Mailing Address: #200-6411 Buswell St. Richmond, BC V6Y 2G5</p>	<p>Call for services.</p>	<p>Assistance with activities of daily living for those living with HIV/AIDS. One-on-one support. Weekly support group. Education.</p>	<p>LGBT Friendly (Formal)</p>
<p>Loving Spoonful</p>	<p>Website: www.alovingspoonful.org Phone: 604-682-6325 To contact by email visit: http://www.alovingspoonful.org/files_2/contactus.php Non-profit organization.</p>	<p>1449 Powell St. Vancouver, BC V5L 1G8</p>	<p>Mon-Fri: 9am-5pm</p>	<p>Loving Spoonful is a volunteer-driven, non-partisan society that provides free, nutritious meals to people living with HIV/AIDS in Greater Vancouver.</p>	<p>LGBT Friendly (Formal)</p>

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<p>Plum Living</p>	<p>Website: www.plumlivinghealth.com Email: care@plumlivinghealth.com Phone: 604-789-8725 For-profit organization.</p>	<p>1502 Comox St. Vancouver, BC V6G 1P2</p>	<p>Call for services.</p>	<p>Fee-based services directed to the LGBTQ community. Health. Housekeeping/Cooking. Shopping/Transportation. Companionship. Home maintenance.</p>	<p>LGBT Friendly (Formal)</p>
<p>Friends for Life</p>	<p>Website: www.friendsforlife.ca Email: info@friendsforlife.ca Phone: 604-682-5992 Non-profit organization.</p>	<p>1459 Barclay St. Vancouver, BC V6G 1J6</p>	<p>Mon-Fri: 9am-5pm</p>	<p>The Home Team program is of interest to those undergoing intensive treatments, hospitalization or are at end-of-life.</p>	<p>LGBT Friendly (Informal)</p>
<p>West End Seniors' Network</p>	<p>Website: http://wesn.ca/ Email: info@wesn.ca Phone: 604-669-5051 Key contact: Executive Director Eric Kowalski: 604-669-5051 Non-profit organization.</p>	<p>1447 Barclay St. Vancouver, BC V6G 1J6</p>	<p>Mon-Fri: 9am-5pm</p>	<p>Senior visitor and shopping programs. Senior peer support. Social and recreational activities.</p>	<p>LGBT Friendly (Informal)</p>

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INDEPENDENT LIVING					
Sojourn Housing Co-op	<p>Website: http://www.sojournco-op.org/</p> <p>No phone or email listed – see website to apply.</p>	<p>Sojourn Housing Co-op Membership Committee 1763 Nelson St. Vancouver, BC V6G 1M6</p>		<p>This is a housing Co-op open to all ages including seniors.</p> <p>Some units are wheelchair accessible.</p>	LGBT Friendly (Formal)
Vancouver East Housing Co-op	<p>Website: http://vaneast.org/</p> <p>No phone or email listed – see website to apply.</p>	<p>Vancouver East Housing Co-op Attention: Membership Committee #3-1220 Salsbury Ave. Vancouver, BC V5L 4B2</p>		<p>This is a housing Co-op open to all ages including seniors.</p>	LGBT Friendly (Formal)
ASSISTED LIVING					
Millennium Tower	<p>Website: information on Millennium Towers may be found on the Vancouver Health Authority website: http://www.vch.ca</p> <p>Email: feedback@vch.ca</p> <p>Phone: 604-408-9897</p> <p>Non-profit organization.</p>	<p>Millennium Tower 1175 Broughton St. Vancouver, BC V6G 3K9</p>	Call or email.	Assisted Living.	LGBT Friendly (Informal)

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RESIDENTIAL AND LONG-TERM CARE SERVICES					
Haro Park Centre	<p>Website: www.haropark.org</p> <p>Email: info@haropark.org</p> <p>Phone: 604 687-5584</p> <p>Non-profit organization.</p>	1233 Haro St. Vancouver, BC V6E 3Y5	<p>Reception hours:</p> <p>Mon-Fri: 1pm-9pm</p> <p>Sat/Sun: 10am-6pm</p>	<p>Residential care (complex care).</p> <p>LGBTQ committee comprised of resident members.</p> <p>The facility also has units available for independent living and assisted living.</p>	LGBT Friendly (Informal)
Royal Arch Masonic Home	<p>Website: information on Royal Arch Masonic Home may be found on the Vancouver Health Authority website: http://www.vch.ca</p> <p>Phone: 604-437-7343</p> <p>Non-profit organization.</p>	Royal Arch Masonic Home 7850 Champlain Cres. Vancouver, BC V5S 4C7	Mon-Fri: 8:30am-4:30pm	Residential Care.	LGBT Friendly (Informal)
HOUSING FOR THOSE LIVING WITH HIV/AIDS					
Dr. Peter AIDS Foundation	<p>Website: http://www.drpeter.org</p> <p>Phone: 604-608-1874</p> <p>Email: info@drpeter.org</p> <p>Non-profit organization.</p>	1110 Comox St. Vancouver, BC V6E 1K5	Call or email.	<p>Services for those living with HIV/AIDS.</p> <p>Specialized nursing care residence program.</p> <p>Enhanced supportive community housing.</p> <p>Day health program/ Counselling.</p>	LGBT Friendly (Formal)

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McLaren Housing Society	<p>Website: http://www.mclarenhousing.com/</p> <p>Email: info@mclarenhousing.org</p> <p>Phone: 604-669-4090</p> <p>Non-profit organization.</p>	<p>#200-649 Helmcken St. Vancouver, BC V6B 5R1</p>	<p>Call or email.</p>	<p>McLaren Housing Society provides housing and support services for individuals and families living with HIV/AIDS.</p>	<p>LGBT Friendly (Formal)</p>
FUNERAL/BURIAL SERVICES					
Alternatives Funeral and Cremation Services	<p>Website: http://www.myalternatives.ca/</p> <p>Email: mail@myalternatives.ca</p> <p>Phone: 604-857-5779</p> <p>For-profit organization.</p>	<p>#3070-275A St. Aldergrove, BC V4W 3L4 (This location has advertised as LGBT friendly)</p>	<p>Call for services Pre-planning available.</p>	<p>Cremation. Burial. Memorial services.</p>	<p>LGBT Friendly (Informal)</p>
Amherst Funeral and Cremation Services	<p>Website: http://www.amherstcremation.com</p> <p>Email: scott@amherstcremation.com</p> <p>Phone: 604-831-3023</p> <p>For-profit organization.</p>	<p>#1209-207 W. Hastings St. Vancouver, BC V6B 1H7</p>	<p>Call for services Pre-planning available.</p>	<p>Cremation. Burial. Memorial services.</p>	<p>LGBT Friendly (Informal)</p>
Martin Brothers Funeral Services	<p>Website: http://mbfunerals.com/</p> <p>Email: via website form.</p> <p>Phone: 778-330-7799</p> <p>For-profit organization.</p>	<p>3398 Dunbar St. Vancouver, BC V6S 2C1</p>	<p>Call for services Pre-planning available.</p>	<p>Cremation. Burial. Funeral services.</p>	<p>LGBT Friendly (Informal)</p>

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<p>Sands Funeral Services</p>	<p>Website: http://www.sandsfuneral.com/victoria</p> <p>Email: via website form.</p> <p>Phone: 250-388-5155</p> <p>For-profit organization.</p>	<p>1803 Quadra St. Victoria, BC V8T 4B8</p>	<p>Call for services Pre-planning available.</p>	<p>Funeral services. Cemetery. Cremation. AfterCare.</p>	<p>LGBT Friendly (Informal)</p>
<p>Valley View Funeral Home and Cemetery</p>	<p>Website: http://www.valleyviewsurrey.ca/</p> <p>Email: via website form.</p> <p>Phone: 604-596-7196</p> <p>For-profit organization.</p>	<p>#14644 - 72nd Ave. Surrey, BC V3S 2E7</p>	<p>Call for services.</p>	<p>Funeral services. Cemetery. Cremation. AfterCare.</p>	<p>LGBT Friendly (Informal)</p>

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Commentary

It was noted in the introduction to this guide that very little intersection was found among the search parameters. The preceding list indeed displays that websites designed by and for the LGBT community possess some general resources for older adults, but little information in regard to end-of-life planning. Our inventory contains many listings that pertain to end-of-life (health care, housing, home care, support groups, legal, and spiritual) however no listing fully addresses our key focus: planning for end-of-life. As promised, a second table follows with a selection of general listings (end-of-life relevant with no reference to LGBT) that we feel will provide readers with the information needed to move forward with end-of-life planning.

General (no reference to LGBT) End-of-Life Resource Inventory

<i>Name of Agency</i>	<i>Contact Information</i>	<i>Street Address</i>	<i>Hours of operation</i>	<i>Services offered</i>
BC Bereavement Helpline	<p><i>Website:</i> http://www.bcbereavementhelpline.com/</p> <p><i>Email:</i> contact@bcbh.ca</p> <p><i>Phone:</i> Greater Vancouver: 604-738-9950 Throughout BC: 1-877-779-2223</p>	PO Box 53530 984 West Broadway Vancouver, BC V5Z 1K7	Mon-Fri: 9am-5pm	When you call the BC Bereavement Helpline (BCBH), your call will be answered by a caring, compassionate volunteer who is familiar with over 300 grief support groups in the province.

British Columbia LGBT End-of-Life Resource Inventory

BC Hospice Palliative Care Association	<p>Website: http://bchpca.org</p> <p>Email: office@bchpca.org</p> <p>Phone: 604-267-7024</p> <p>Toll-free: 1-877-410-6297</p> <p>Key contact: Lorraine Gerard: 604-267-3013</p>	<p>#1100-1200 West 73rd Ave, Vancouver, BC V6P 6G5</p>	<p>Mon-Fri: 9am-4pm</p>	<p>Learning centre.</p> <p>Links to numerous regional, provincial and national resources.</p>
BC Housing	<p>Website: http://www.bchousing.org/</p>	<p>Multiple locations depending on service, see website for details.</p>	<p>Varies.</p>	<p>Find housing.</p> <p>Explore housing options.</p> <p>Learn about tenant supports.</p>
BC Palliative Care Benefits Program	<p>Website: http://www.health.gov.bc.ca/pharmacare/outgoing/palliative.html</p> <p>Phone - BC Palliative Care Drug Plan:</p> <p>Call Health Insurance BC (HIBC): 604-683-7151 (from Greater Vancouver) OR 1-800-663-7100 (from the rest of B.C.)</p>	<p>Web resource.</p>	<p>Online Resource.</p>	<p>Website contains links to forms and guides to palliative care coverage in BC.</p>

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<p>Canadian Centre for Death Education</p>	<p>Website: http://www.deathpicnic.ca</p> <p>Website in Development: http://www.deatheducation.ca</p> <p>Email: info@deatheducation.ca</p> <p>Key contact: Ross Waddell/ Dr Marylene Kyriaziis: 604-255-5719</p>	<p>Mailing address: #8-868 Cassiar St. Vancouver, BC V5K 4N6</p>	<p>Visit website for information.</p>	<p>Public Events: Death Picnic/ Death Café.</p> <p>Public and Corporate workshops.</p> <p>Research and Education on Death.</p> <p>Advanced care planning.</p>
<p>Canadian Centre for Elder Law & The British Columbia Law Institute</p>	<p>Website: http://www.bcli.org/ccel Both websites may be navigated using the above address.</p> <p>Email: ccels@bcli.org</p> <p>Phone: 604-822-0142</p>	<p>1822 East Mall University of British Columbia, Vancouver, BC V6T 1Z1</p>	<p>Contact by phone or email.</p>	<p>An educational website but much of the information is likely beyond the scope of the lay reader.</p> <p>One web article provides an overview of family care giving legal issues located at: http://www.bcli.org/elder-law-resources/execsum</p>
<p>Canadian Virtual Hospice</p>	<p>Website: www.virtualhospice.ca</p> <p>Email: info@virtualhospice.ca</p>	<p>Mailing address: Canadian Virtual Hospice Room PE469, One Morley Ave. Winnipeg, MB R3L 2P4</p>	<p>Online resource.</p>	<p>The website features a long list of palliative care and hospice topics.</p> <p>A “programs and services link” provides information on services available in all Canadian jurisdictions.</p>

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<p>Government of British Columbia</p>	<p>1) For an overview of what is offered in the province of BC visit: http://www2.gov.bc.ca/ And enter “care options” into the search function</p> <p>2) PDF Web Address: http://www.health.gov.bc.ca/library/publications/year/2013/MyVoice-AdvanceCarePlanningGuide.pdf</p>	<p>Online resource.</p>		<p>1) Links will be found to the following resources:</p> <p>Home and Community Care.</p> <p>End-of-life Care.</p> <p>Residential Care</p> <p>2) Information pertaining to Advanced Care Planning including:</p> <p>Representation agreements.</p> <p>Temporary decision makers.</p> <p>Enduring power of attorney.</p>
<p>Nidus: Personal Planning Resource Centre and Registry</p>	<p>Website: http://www.nidus.ca/</p> <p>Email: info@nidus.ca</p> <p>Phone: 604-408-7414</p> <p>Toll Free: 1-877-267-5552</p> <p>Key contact: Joanne Taylor Email: info@nidus.ca</p>	<p>1440 West 12th Ave. Vancouver, BC V6H 1M8</p>	<p>Online resource.</p>	<p>Information regarding:</p> <p>Representation agreements.</p> <p>Enduring Power of Attorney.</p> <p>Health care consent.</p> <p>Advanced directives.</p> <p>Living Wills/ Estate planning.</p> <p>Adult guardianship.</p>

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<p>People’s Law School</p>	<p>Website: http://www.publiclegaled.bc.ca/</p>	<p>This is a web resource.</p>	<p>Online resource.</p>	<p>An educational resource covering a full range of legal issues. Please see website for full listings.</p> <p>Two examples relevant to end-of-life: <u>Power of Attorney:</u> http://www.publiclegaled.bc.ca/wp-content/uploads/2014/04/English-Power-of-attorney-2014_online.pdf</p> <p><u>Wills:</u> http://www.publiclegaled.bc.ca/wp-content/uploads/2014/04/Writing-your-Will-2014-online.pdf</p>
<p>Speak UP! Start the Conversation about End-of-Life Care</p>	<p>Website: www.advancecareplanning.ca</p> <p>To email: via form on website.</p>	<p>This is a web resource.</p>	<p>Contact by email.</p>	<p>Educational resources.</p> <p>The website includes a link to local resources in all Canadian jurisdictions.</p>

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National and International End-of-Life Resources

This section contains a selection of National and International end-of-life resources for those who wish to delve deeper into the issues and explore how peers (including LGBT seniors) are approaching end-of-life planning around the globe. It is important to keep in mind as you peruse these resources that terminology and end-of-life legal issues vary both province-to-province and country-to-country.

1) American Society on Aging – LGBT aging resources clearinghouse:

http://asaging.org/lgbt_aging_resources_clearinghouse

“The LGBT Aging Resources Clearinghouse of the American Society on Aging opens the door to knowledge about lesbian, gay, bisexual, and transgender people ages 50-plus.”

2) Dying Matters (UK):

<http://www.dyingmatters.org/>

“Dying Matters is a coalition of 30,000 members across England and Wales which aims to help people talk more openly about dying, death and bereavement, and to make plans for the end of life.”

3) End-of-Life Law and Policy in Canada:

<http://eol.law.dal.ca/>

“On this web site, we look at...questions about end-of-life law and policy in Canada. There’s information about advance directives, potentially life-shortening symptom relief, the withholding and withdrawal of potentially life-sustaining treatment, terminal sedation, assisted suicide, and euthanasia.”

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4) International Association for Hospice and Palliative Care:

<http://hospicecare.com/home/>

“At IAHPC we are dedicated to the promotion and development of palliative care throughout the world. Surf our website to learn more about what we do and about palliative care, search our global palliative care directories and find ways in which you can help us achieve our mission”

5) National (USA) Resource Center on LGBT aging:

<http://www.lgbtagingcenter.org>

“The National Resource Center on LGBT Aging is the country's first and only technical assistance resource center aimed at improving the quality of services and supports offered to lesbian, gay, bisexual and transgender (LGBT) older adults.”

6) Quality End-of-Life Care Coalition of Canada:

<http://www.gelccc.ca/>

“The Quality End-of-life Care Coalition of Canada is a group of over 36 national organizations concerned about quality end-of-life care for all Canadians. We believe that all Canadians have the right to die with dignity, free of pain, and surrounded by their loved ones.”

7) SAGE: Services and Advocacy for LGBT Elders:

<http://www.sageusa.org/>

“Services & Advocacy for GLBT Elders (SAGE) is the country's largest and oldest organization dedicated to improving the lives of lesbian, gay, bisexual and transgender (LGBT) older adults.”

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8) Senior Pride Network:

<http://www.seniorpridenetwork.com>

“The Senior Pride Network is an association of individuals, organizations and community groups that share an interest and commitment to expanding programs and services for 50+ lesbian, gay, bisexual, trans and queer people in the City of Toronto and throughout Canada.”

9) World Health Organization – Global Atlas of Palliative Care at the End-of-Life:

<http://www.who.int/cancer/publications/palliative-care-atlas/en/>

“There is increased awareness of the need for palliative care for chronic diseases. However, there remains a huge unmet need for palliative care for chronic life-limiting health problems in most parts of the world. The purpose of this Atlas is to shine a light on the need for palliative care globally and to provide useful information for those wishing to increase access.”

10) Worldwide programs providing a better way to deal with aging:

<http://www.programsforelderly.com/>

“In short we are interested in programs that make a profound difference in the lives of older adults. All programs are hand selected with careful consideration...Our featured programs help support not only older adults but caregivers, communities, organizations and professionals who interact with seniors.”

* If you are in search of primarily social activities and information regarding general LGBT friendly businesses we suggest visiting one of the following directories: <http://www.mydavievillage.com/> or <http://gayvancouver.net/> or <https://loudbusiness.com/> or <http://davievillage.com>

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Glossary

The following is a list of End-of-Life terminology as used in British Columbia sourced (verbatim) from our provincial government website

For further information explore the provincial website at: <http://www2.gov.bc.ca>

Adult guardianship/committeeship: A committee (guardian for an adult) makes decisions for another adult who is not mentally capable of making decisions about his or her own health care and personal affairs, and/or financial and legal affairs. If you become mentally incapable and have not already named someone to make decisions for you, the B.C. Supreme Court may appoint someone to make decisions on your behalf.

Advance care planning: Advance care planning begins by thinking about your beliefs values and wishes regarding future health care treatment. It is about having conversations with your close family, friends and health care provider(s) so that they know the health care treatment you would agree to, or refuse, if you become incapable of expressing your own decisions.

Advanced directive: An Advance Directive with your instructions for health and personal care that are given to your health care provider, which he/she must follow directly when it speaks to the care you need at the time.

Assisted Living: Assisted living services provide housing, hospitality services and personal care services for adults who can live independently and make decisions on their own behalf but require a supportive environment due to physical and functional health challenges.

Caregiver respite/relief: Many people receiving home and community care services are assisted by friends and/or family members. Respite services can give family/friend caregivers temporary relief from the emotional and physical demands of caring for a friend or family member, and provide an opportunity to participate in community activities.

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Enduring Power of Attorney: An Enduring Power of Attorney where you appoint someone to make decisions about your financial affairs, business and property. An enduring power of attorney will continue even if you become mentally incapable of making decisions.

Hospice Palliative Care: Hospice palliative care provides medical services, emotional support, and spiritual resources for people who have illnesses that do not go away and often get worse over time and for people who are in the last stages of a serious illness, such as cancer or heart failure. Hospice palliative care also helps family members manage the practical details and emotional challenges of caring for a dying loved one.

Long-term residential care: Long-term residential care services provide 24-hour professional supervision and care in a protective, supportive environment for people who have complex care needs and can no longer be cared for in their own homes or in an assisted living residence.

Power of Attorney (POA): A power of attorney is a legal document that appoints another person, called an “attorney,” to deal with your business and property and to make financial and legal decisions on your behalf. A power of attorney can be very specific or very broad. A power of attorney ends if you become mentally incapable.

Representation Agreement: A Representation Agreement where you write your instructions and name someone to make your health and personal care decisions if you become incapable.

Short-term residential care: Short-term residential care services are provided, usually for less than three months, for people who require care as follows: *Respite care* provides a client’s main caregiver a period of relief, or to provide a client with a period of supported care to increase their independence. *Convalescent care* is provided to clients with defined and stable care needs who require a supervised environment for reactivation or recuperation, usually prior to discharge home, and most commonly following an acute episode of care. *Residential hospice care* is provided to clients who require support with comfort, dignity and quality of life in the final days or weeks of their lives.

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Appendix

Research Methodology

Research Question: What LGBT friendly end-of-life resources exist in the province of British Columbia?

Goal/target outcome: Compile a list of LGBT friendly end-of-life resources for British Columbian older adults.

Initial searches: These were conducted between October and December 2014 by combining terms to describe the population (LGBT, lesbian, gay, bisexual, transgender/ older, senior) with terms to describe the areas of interest (end-of-life planning, advanced care planning, financial planning, independent living, senior housing, retirement community, home care, assisted-living, residential care, health care, palliative care, and hospice).

Operationalization: LGBT “friendliness” was operationalized using three tiers:

- 1) LBGT Organization: An organization that is developed by and/or for LGBT persons.
- 2) LBGT Friendly (formal) organization: An organization that openly advertises LGBT friendliness on their website by way of content analysis. An advanced search was employed to examine websites for LGBT friendly content:
 - i) Visit web pages titled “home”, use the search function and enter the terms: LGBT; GBLT; Gay; Lesbian; Bisexual; Transgender; Sexual orientation.

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ii) Visit web pages within the site titled: Introduction; About us; Mission; Values; Mission Statement; or any like pages where statements of inclusion may be found (e.g. in an Elder Bill of Rights). The Safari browser's word find function was used to search for the terms: LGBT; GBLT; Gay; Lesbian; Bisexual; Transgender; and Sexual orientation within these pages.

iii) To qualify as an LGBT Friendly (formal) organization, statements of inclusion were specifically directed to LGBT persons and general statements such as "we recognize diversity" were excluded.

3) LGBT Friendly (informal) organization: An "LGBT Friendly (informal)" organization is one that advertises as LGBT friendly on an LGBT directory or is referred as LGBT friendly by an LGBT directory or a service provider with links to the LGBT community. Organizations were designated to be informal when did not openly advertise LGBT friendliness on their websites. This was determined using the advanced search parameters described above.

Results: The result is a 54-item end-of-life planning resource inventory for LGBT British Columbian residents. The key finding was that very little intersection is found among the search parameters pertaining to LGBT persons and end-of-life. Websites that have been designed by and for the LGBT community possessed little information regarding end-of-life planning. Similarly, websites with information pertinent to end-of-life possessed little or no reference to the LGBT community.

Discussion: Employing the methodology described we found fifty-four end-of-life resources for British Columbian LGBT older adults. Resources specifically geared toward end-of-life planning however were scant. As such the goal/outcome of the project was modified to include a second general (no reference to LGBT) end-of-life resource inventory. The purpose of this second inventory was to provide users of the guide with resources to assist them in navigating websites pertinent to end-of-life planning. Being secondary in nature this additional inventory represents only a selection of the non-LGBT end-of-life resources available.