

## Interview to learn about your experiences with rehabilitation

**Purpose:** To learn about the impact of living with HIV and/or a chronic health condition on your functioning/daily life, your understanding of rehabilitation, your experience accessing rehabilitation, and how you feel rehabilitation has made a difference in your life. Rehabilitation, in this instance, means physiotherapy, occupational therapy, and speech-language pathology services.

**How your information will be used:** The information you share will inform the content of a business case for improving access to rehabilitation services across Canada for people with chronic and episodic disabilities, including HIV. This business case will be presented to policy makers and will include supporting materials like case studies. Policy-makers are most likely to pay attention to the business case if it includes case studies based on 'real life' situations experienced by people living with HIV and other chronic health conditions. Information you share during this interview regarding your condition, its impact on your daily life and/or your access to/use of rehabilitation services may be used to write a compelling case study, but your name and other identifying information will be changed. If your story is used, you will have the opportunity to review it before it is published.

**Recording:** The interview will be recorded and transcribed in order to make sure that your story is captured properly. The recording will be stored on the servers at **Realize** and deleted as soon as the business case is finalized.

**Risks/Benefits:** There are no direct risks or benefits of participating in this interview. Your identity will not be shared, whether you agree or decline to participate. There is an indirect risk that you may be triggered (e.g. feel sad or upset) when retelling a personal story during the interview, however, you can end the interview at any time without consequences. You can also decline to answer any questions that make you feel uncomfortable.

The indirect benefit of participating in this interview is that you will be contributing to the development of a business case for policy change which may play a role in increasing access to rehabilitation services for people living with HIV and/or other chronic health conditions.

**Participation:** Your participation in this interview is fully voluntary. If at any time during the conversation, you would like to end the interview, you may do so with no consequences. If you do decide to end the interview, at that time you will have the opportunity to choose whether the answers you gave prior to that point can be used in the business case or not.

Thank you for participating!

For more information, please contact:

**Puja Ahluwalia**, Access to Rehabilitation – Project Coordinator

[pahluwalia@realizecanada.org](mailto:pahluwalia@realizecanada.org)

(416) 513-0440 ext. 224